

Emergency Phone Numbers

Police, Fire, Ambulance

911

Wheeler Emergency Mobile Psychiatric Services/ Suicide

211

or

1-800-203-1234

A team of children's behavioral health experts provides a multidisciplinary community response to mental health emergencies in the community, home, school, and hospital emergency room. The goal is to provide services that will assist families and children during times of crisis.

www.wheelerclinic.org

Wheeler HelpLine

860-524-1182 (Hartford area)

or

860-747-3434 (Plainville area)

Department of Children and Families (DCF)

Child Abuse Hotline (Careline)

1-800-842-2288

Poison Control
1-800-222-1222

The Poison Control Center provides poison prevention, awareness and treatment of poisoning.

www.aapcc.org

Sexual Assault Crisis Hotline

1-888-999-5545 (English)
1-888-568-8332(Español)
Local 860-223-1787

The YWCA Sexual Assault Crisis Hotline is available 24 hours a day, 7 days a week, providing emergency support services for survivors of sexual assault and their significant others. Services are available in 7 languages.

www.connsacs.org

Non- Emergency Phone Numbers

West Hartford Police Department – 860-523-5203

The West Hartford Police Department, in active cooperation with the community, will enforce all laws and work to improve the quality of life.

[www.westhartford.org/living here/town departments/police department/index.php](http://www.westhartford.org/living_here/town_departments/police_department/index.php)

West Hartford Human/Social Services

860-561-7561

www.westhartford.org

The Bridge - 860-521-8035

The Bridge provides opportunities for healthy growth and development in children, youth, and families through: Intervention, Prevention, Education, Resources and Referral.

www.bridgefamilycenter.org

The Bridge Youth Shelter

West Hartford

860-521-6890

The Bridge is a safety net for children and families; a place where kids in crisis can find real hope, where parents get help when there's trouble at home and a place where homeless teen become self-sufficient.

www.bridgefamilycenter.org

HopeWorks - 860-561-1175

The Hopeworks is committed to helping young people and is committed to helping young people and their families navigate the swamps, storms, and revelations of the adolescent years.

www.hopeworkscentral.org

Infoline – 211

Infoline is a source for information about community services, referrals to human services and crisis intervention (24 hours 365 days).

www.211ct.org

Additional Community Resources

SUPPORT SERVICES:

Asian Family Services (Chinese, Korean, Vietnamese)

Hartford

860-951-8770 ex.221 or 232

Asian Family Services (AFS), a program of CRT, helps the Southeast Asian refugee and immigrant community to address their mental, physical, social and emotional needs in a culturally competent, holistic, integrated environment.

www.crtct.org

www.crtct.org/Programs/AsianFamilyser.html

Community Mental Health Affiliates

New Britain

860-223-2778

CMHA provides individual, couples, family and group psychotherapy for those experiencing personal, emotional, interpersonal relationship, family and parenting, and substance abuse problems. The counseling program is staffed by licensed marriage and family therapists, social workers, and counselors, as well as board certified psychiatrists and APRN's.

www.cmhacc.org

Khmer Health Advocates (Cambodian)

West Hartford

860-561-3345

KHA was founded with a mission to care for the health needs of the survivors of the Cambodian Holocaust. As the only Cambodian health organization in the US, KHA provides care for the people in CT and MA, and advocates for survivors across the nation.

www.cambodianhealth.org

Catholic Family Services

Hartford

860-522-8241

Catholic Family Services is a non-profit professional counseling agency that provides services within the Archdiocese of St. Louis. We provide individual, group, and family counseling to anyone regardless of age, race, religion, gender, nationality, or marital status.

www.cffstl.org

Hispanic Health Council

Hartford

860-527-0856

Hispanic Health council is there to improve the health and social well-being of Latinos and other diverse communities.

www.hispanichealth.com

Institute for the Hispanic Council

Hartford

860-527-1124

We focus on children as our future, families as the backbone of our society, and the elderly as our link to our roots.

www.ccaoh.org

Jewish Family Service of Greater Hartford

West Hartford

860-236-1927

Jewish Family Services has provided quality services to the entire community regardless of age, religion, sexual orientation, or ethnicity.

www.jfshartford.org

The Village for Families & Children, Inc.

Hartford

860-236-4511

The Village for Families and Children are committed to building a community of strong, healthy families who protect and nurture children. Through its work with children and families, the Village has emerged as a preeminent mental health/human service agency serving the Hartford region and the state of Connecticut.

www.villageforchildren.org

English as a Second Language Classes:

West Hartford Continuing Education

860-561-6900

If you or a friend are a new arrival to West Hartford and would like to learn English, classes are offered free to West Hartford residents.

www.whlifelearn.org

ADDICTION:

Al-Anon/ Alteen

1-888-8AL-ANON (825-2666)

Friends and Families of problem drinkers searching for understanding and support from others experiences similar situation, lead by professionals.

www.ct.al-anon.org

Alcoholics Anonymous

860-282-5924

Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

www.ct.aa.org

Connecticut Council on Problem Gambling Helpline

1-888-789-7777

The Connecticut Council on Problem Gambling is a private, not-for-profit organization affiliated with the National Council on Problem Gambling. The Council's mission is to reduce the prevalence and impact of problem and pathological (compulsive) gambling on individuals, families, and society.

www.ccpbg.org

Gamblers Anonymous

1-888-GA-HELPS (424-3577)

Gamblers Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem.

www.gamblersanonymous.org

Narcotics Anonymous

1-800-627-3543

We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle.

ctna.org/

DOMESTIC VIOLENCE:

Interval House

1-888-774-2900

The mission of Interval House is to ensure safety for people who are battered, abused, or at risk; to create public awareness about the epidemic of violence; and to mobilize the community to prevent violence and end this recurring phenomenon.

www.intervalhouse.org

EATING DISORDERS:

National Eating Disorders Association

1-800-931-2237

The National Eating Disorders Association (NEDA) is a non-profit organization dedicated to supporting individuals and families affected by eating disorders.

www.edap.org

Institute of Living

860-545-5000

To offer comprehensive services in an environment where innovation and teaching are integral to care; where we are proud to serve patients and one another; where meeting the challenge of complex medical needs is viewed as a defining competency; and where quality and safety of care are a constant.

www.harthosp.org/InstituteOfLiving/default.aspx

Maine and Weinstein

West Hartford

860-313-4431

Maine and Weinstein offer a number of different approaches to dealing with eating disorders, dedicated to improve the life of those individuals and their family and friend around them.

www.mwsg.org

GRIEF AND LOSS:

The Cove

West Hartford

203-634-0500

The Cove provides family and school-based programs utilizing the peer support group concept for helping children, teens and families work with their unresolved grief due to the death of someone significant in their lives and other traumatic losses.

www.covect.org

SEXUAL ASSAULT, ABUSE AND INCEST SUPPORT SERVICES:

Department of Children and Families (DCF)

Child Abuse Hotline (Careline)

1-800-842-2288

www.ct.gov/dcf

Sexual Assault Crisis Hotline

1-888-999-5545 (English)

1-888-568-8332(Español)

Local 860-225-4681

Connecticut Sexual Assault Crisis Services, Inc. (CONNSACS) is a statewide coalition of individual sexual assault crisis programs. CONNSACS works to end sexual violence through victim assistance, community education, and public policy advocacy

www.connsacs.org

RAINN

1-800-656-HOPE (4673)

RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline.

www.rainn.org

GAY/LESBIAN SUPPORT SERVICES:

GLBT National Help Center

1-888-893-4564

Provides free and confidential telephone and internet peer-counseling; information and local resources for gay, lesbian, bisexual, transgender and questioning callers throughout the United States. We also work to strengthen local GLBT hotlines and organizations in their mission of service to our community.

www.glnh.org

Hartford Gay & Lesbian Health Collective

Hartford

860-278-4163

The Hartford Gay and Lesbian Health Collective currently provides medical services, support groups, mental health services and health education tailored to the lesbian, gay, bisexual, transgender, and queer communities, but serves clients of all genders and gender identities, sexual orientations, ages and ethnicities.

www.hglhc.org

PFLAG (Parents, Families, and Friends of Lesbians and Gays)

860-633-7184

PFLAG Hartford is a welcoming place for parents, family members and friends of lesbians & gays.

www.pflaghartford.org

True Colors

860-232-0050

True Colors is a non-profit organization that works with other social service agencies, schools, organizations and within communities to ensure that the needs of sexual and gender minority youth are both recognized and competently met.

www.ourtruecolors.org

HEALTH:

HUSKY Healthcare for Uninsured Children & Youth

1-877-284-8759

HUSKY Health is the State of Connecticut's public health coverage program for eligible children, parents, relative caregivers, senior citizens, individuals with disabilities, adults without children, and pregnant women.

www.huskyhealth.com

Woman's Ambulatory Health Services
860-545-2780

Planned Parenthood

860-953-6201

We are a trusted health care provider, an informed educator, a passionate advocate, and a global partner helping similar organizations around the world. Planned Parenthood delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide.

www.plannedparenthood.org

RECREATION:

Teen Room

West Hartford Public Library

860-561-6996

A place where teens can gather to talk about current events, enjoy new books, or use the internet.

West Hartford Leisure Services

860-523-3159

Leisure Services maintains award-winning recreational facilities and offers hundreds of recreational and instructional programs for every age and interest. We also host special events and sponsor exciting trips for individuals, families and seniors.

www.westhartford.org/living_here/towndepartments/leisureservices/index.php

West Hartford Teen Center
C/O The Bridge Family Center

860-313-1119

The Underground

Open to all West Hartford High School age students to meet on weekend evenings to hang with friends and listen to music. School ID required.

www.westhartfordgrounds.com

YMCA

West Hartford

860-521-5830

We focus our work in three key areas, because nurturing the potential of kids, helping people live healthier, and supporting our neighbors are fundamental to strengthening communities.

<http://www.ghymca.org/west/>