

Nutrition Services Elementary School Program

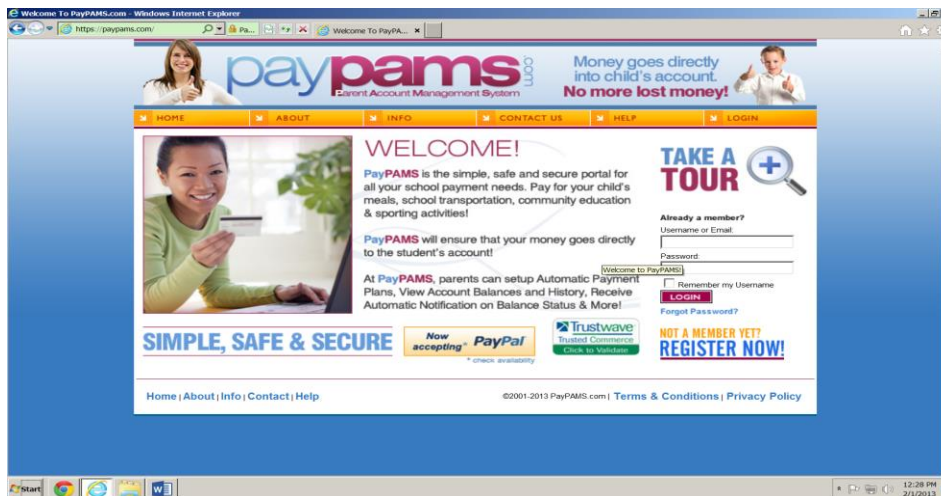
Elementary school cafeterias offer nutritious hot meals to students each day. Menus are sent home monthly so you can plan with your child. In your child's first day of school packet, you will receive additional information on meal and snack prices and payment information, including an application for free or reduced-price meals.

The elementary meal program:

- complies with USDA regulations
- contains five meal components – bread or grain, at least 2 ounces of protein, fruit, vegetables, and an 8-ounce serving of milk
- encourages students to try different foods
- offers a variety choices: fresh or canned fruit; steamed or fresh vegetables

Meal Payment

Once school begins in August, you can prepay meals and snacks with a credit or debit card using the online site PayPAMS. You may also send cash or checks payable to West Hartford Nutrition Services. For more information go to www.paypams.com.



Borrowing Policy

If a student's account becomes depleted, s/he will be able to purchase a meal and will be informed that s/he is borrowing money for the day. S/he will not be allowed to purchase snacks or a la carte items.

Borrowing will be allowed for 3 days.

Prices for 2016-2017

Lunch	\$2.75
Reduced price	\$.40
All meals include choice of main entrée, 2 vegetables, fresh or canned fruit, and milk	
A la carte Milk	\$.50
Second entrée with meal	\$1.50
A la carte (snacks, juice, yogurt, dessert)	\$.50-\$1.50



For further questions, contact Trish Molloy, RD, CD-N Food Service Director at 860-561-6610