

CONARD HIGH SCHOOL FIELD HOCKEY 2018

Head Coach: Carlie Dailey

Junior Varsity Coach: Thomas Verrengia

Thirds Coach: Holly D'Addario

Assistant Coach: Leigh Kumpa

Important Dates

- **Friday, August 17** - Fall Registration Forms Due
- **Wednesday, August 29** - First Day of School
- **Saturday, September 1** - Hand Play Day, Mandatory for varsity
- **TBD** Mandatory Substance Abuse Meeting and Parent Meeting

Preseason Schedule

Thursday, August 23, 2018

Session 1: 7:30am – 10:00am (grass)
Session 2: 2:00pm – 4:00pm (turf)

Monday, August 27, 2018

Session 1: 2:30pm – 5:00pm (TBA)

Friday, August 24, 2018

Session 1: 12:30-3:30 (turf)

Tuesday, August 28, 2018

Session 1: 2:30pm – 5:00pm (TBA)
*Teams announced

Saturday, August 25, 2018

Session 1: 7:30am – 10:00am (grass)
Session 2: 2:00pm – 4:00pm (turf)

Wednesday, August 29, 2018

Start of school, short Wednesday
Regular Practice: 1:15-3:15 (TBA)

Sunday, August 26, 2018

No Session

Items to Note

- **Be on time!** You should arrive at the school no less than 15 minutes prior to the start of any session to get yourself settled and ready to start with the team.
- Any athlete who is not on the eligibility list or is missing a physical form will not be allowed to participate.
- You can check the athletics homepage by August 20th to verify that your name is on the eligibility list. If your name is missing and you sent in your forms please contact Kerry Roller at kerry_roller@whps.org.
- You must have proper equipment in order to participate in tryouts.
- No jewelry! (Sports watches are OK)

Required Equipment

- Field Hockey Stick
- Goggles
- 2 Mouthguards (both molded)
- Field Hockey Ball
- Turf Shoes
- Running Shoes/Sneakers
- Shin Guards
- Water Bottle
- Extra Sock & Rubber Band (to cover your stick and hold up the sock in the event of indoor practice)

See you on the 23rd!